

How Does Reading Aloud Help Your Baby?

- Books build brain power! Studies show that reading, talking, and sharing nursery rhymes with your baby all promote development of your baby's brain.
- When you read to your baby, he/she hears you using many different emotions and expressive sounds. This supports social and emotional development.
- Reading aloud encourages your baby to look, point, touch, and answer questions. This helps with social development and thinking skills.
- Your baby improves language skills by copying sounds, recognizing pictures, and learning words.

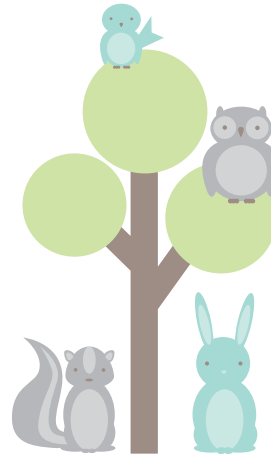
But perhaps the most important reason to read aloud is that it makes a connection between the things your baby loves the most:

your voice and closeness to you and books!



Reading Tips:

- Cuddle while you're reading helps your baby feel safe, warm, and connected to you.
- Read with expressive voice.
- Stop once in a while and ask questions or make comments on the pictures or text. For example, "Where's the kitty? There he is! What a cute black kitty!"
- Sing nursery rhymes, make funny animal sounds, or bounce your baby on your knee - anything that shows that reading is fun.
- Babies love - and learn from - repetition, so don't be afraid of reading the same books over and over.
- Try to read every day, such as before naptime and bedtime. Reading before bed gives you and your baby a chance to cuddle and connect. It also sets a routine that will help calm your baby.



born to

READ

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PUBLIC LIBRARY

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101 Fairfield Way | Bloomingdale, IL 60108
(630) 924-2740 | www.mybpl.org

How Can Bloomingdale Public Library Help You as a Parent of a Baby?

Programs

specifically for babies

Baby Tales & Tunes (Drop-In)

Ages 0-24 months with caregiver

Introduce your baby to the world of music, movement, rhymes, and books that will aid in the development of early literacy skills.

Come Together (Drop-In)

Ages 0-24 months

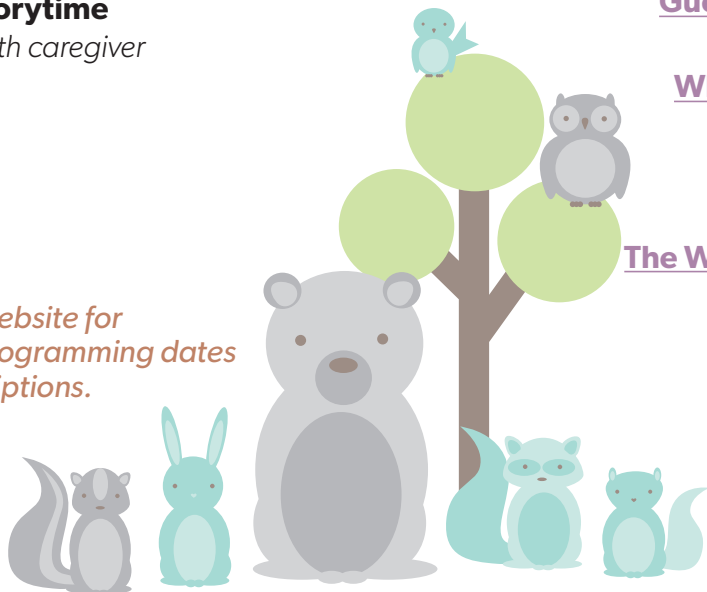
Every Wednesday, meet and chat with other parents & caregivers while your child socializes and explores with hands-on toys.

*Will be offered simultaneously with **Baby Tales and Tunes** when in session.*

Family Storytime

All ages with caregiver

Visit our website for specific programming dates and descriptions.



Books

Stop by the library or contact us via phone or email for help in finding great books for your baby.

Here are some great titles to get you started:

Goodnight Moon

by Margaret Wise Brown

The Very Hungry Caterpillar

by Eric Carle

Time for Bed

by Mem Fox

Chicka Chicka Boom Boom

by Bill Martin

Guess How Much I Love You?

by Sam McBratney

Where the Wild Things Are

by Maurice Sendak

Pajama Time!

by Sandra Boynton

The Wonderful Things You Will Be

by Emily Winfield Martin

Resources

- Parent/Teacher books
- Internet access
- Music and DVDs
- Puzzles and learning games
- Magazines and LaunchPads
- TumbleBooks (online books)
- Early literacy materials
- Family programs
- Staff that can help find just the right resource or suggest books

Choosing Books for Your Baby

- Sturdy board books are durable and have easy-to-turn pages.
- Books should have short, simple words. Bouncy rhymes will hold your baby's attention.
- Pictures should be big, bright, and simple.
- Look for pictures of everyday objects that you baby will recognize.